



CAPE COD COLLABORATIVE
All Cape Professional Development Day
October 11, 2019

***“PROFESSIONAL DEVELOPMENT WORKSHOPS
and
COLLEGIAL SHARING SESSIONS FOR CAPE COD EDUCATORS”***

Workshops are 8:30 AM (coffee 8:00 AM) – 11:30 & 12:15 – 2:45 PM (unless noted)

All Workshops will be held at Dennis-Yarmouth Regional High School unless otherwise noted.

Full day registrants will receive 5.5 PDPs for their participation.

CONTENT/SPECIALTY AREAS

Early Childhood, PreK – Grade 1

Art K-12

Music K-12

World Language

Counselors, Intervention Specialists

School Nurses

ELL

Library Media

PE/Health

For Employees of Collaborative Member Districts, registrations for workshops must be coordinated through their district's central office or Curriculum Administrator's Office.

Non-District Early Childhood Educator Enrollment Fee of \$25

Please see a copy of this booklet on our website: www.capecodcollaborative.org

*The Collaborative wishes to acknowledge the following
Cape Cod Educators for their help to identify and secure
the All Cape Day workshops and presenters.*

*Debra Troyanos
Mashpee School District*

*Pat DiPillo
Falmouth School District*

*Alex Pendleton
Dennis Yarmouth Regional School District*

*Sonja Bono
Nauset Regional School District*

*Katherine Ware
Monomoy Regional School District*

*Lauren Melillo
Sandwich Partnership for Families*

*Julie Williams-Tinkham
Falmouth Public Schools*

*Cindy Flanders
Bourne Public Schools*

Targeted Audience	Workshop Number	Page Number	Content Area	Title of Workshop	Instructor	Location
Early Childhood Professionals	001	8	Early Childhood	It's More than Storytime	Melissa Russell, M.Ed.	Hundred Acre School
Early Childhood Professionals	002	10	Early Childhood	Orofacial Myology – the Missing Link	Jessica Tlumacki, MS, CCC-SLP	Dennis Yarmouth High School
Early Childhood Professionals	003	11	Early Childhood	Powerful Play in the Early Childhood Environment	Giordana Cote	Dennis Yarmouth High School
Early Childhood Professionals	004	12	Early Childhood	Nature is Calling	Denise Fronius	Dennis Yarmouth High School
Early Childhood Professionals	005	14	Early Childhood	Creating Sensory Friendly Classroom Environments	Melissa Alves, MS OTR/L	Dennis Yarmouth High School
Early Childhood Professionals	006	15	Early Childhood	Courageous Conversations	Carole Eichner	Dennis Yarmouth High School
Early Childhood Professionals	007	16	Early Childhood	Good Grief Cape Cod	Amy Wyman	Dennis Yarmouth High School
Early Childhood Professionals	008	17	Early Childhood	Supporting Young Children in the Face of Trauma	Stacey Gay & Merrie Mackenzie	Dennis Yarmouth High School
Early Childhood Professionals	009	18	Early Childhood	De-escalating Challenging Behaviors in Young Children	Stacey Gay & Merrie Mackenzie	Dennis Yarmouth High School

Targeted Audience	Workshop Number	Page Number	Content Area	Title of Workshop	Instructor	Location
Early Childhood Professionals	010	19	Early Childhood	Loose Parts: Let's Start Collecting!	Sue Gubbins	Dennis Yarmouth High School
Art Educators K-12	011	20	Art	Surface Design for Ceramics	Corine Adams, Craig Brodt	Dennis Yarmouth High School
Art Educators K-12	012	21	Art	Big Brush Oil Painting for Art Educators	Joe Gallant	Dennis Yarmouth High School
Art Educators K-12	013	23	Art	Small Table Printing/Publishing for K-12 Educators	Jane Fay Baker, Lauren Kenny	Dennis Yarmouth High School
Music Grades 5-12 Band & Orchestra Teachers	014	24	Music	Percussion Answers to Music Director Questions!	John Jamison	Dennis Yarmouth High School
Grades 8-12 Choral Teachers	015	25	Music	Choral Music Educator Refresher Workshop	Stefanie Riley	Dennis Yarmouth High School
K-7 General Music and Choral Teachers	016	26	Music	The Journey is Destination	Karen Medley	Dennis Yarmouth High School
World Language Educators	017	27	World Language	Tiering Tasks and Texts to Challenge All Learners	Leslie Grahn	Dennis Yarmouth High School
World Language Educators	018	28	World Language	Putting Grammar in its Place for Proficiency Development	Nicole Sherf	Dennis Yarmouth High School

Targeted Audience	Workshop Number	Page Number	Content Area	Title of Workshop	Instructor	Location
K-12 Counselors, School Nurses, Intervention Specialists, Social Workers	019	29	School Counseling	Adverse childhood Experience and the Effects on Long Term Mental & Physical Health	Edward Jacoubs	Dennis Yarmouth High School
K-12 Counselors, School Nurses, Intervention Specialists, Social Workers	020	30	School Counseling	Fostering Self Resilience in Ourselves	Deb Berglin, LICSW	Dennis Yarmouth High School
K-12 Counselors, School Nurses, Intervention Specialists, Social Workers	021	31	School Counseling	Suicide Prevention: Gatekeeper Training for School Personnel	Joanna Bridger	Dennis Yarmouth High School
K-12 Counselors, School Nurses, Intervention Specialists, Social Workers, Paraprofessionals	022	32	School Counseling	Mental Health First Aid	Sergeant Kevin A. Marshall	Dennis Yarmouth High School
Elementary & Middle School Educators	023	33	Health, Counseling, Nursing	Periods and Wet Dreams:	Nancy Olin	Dennis Yarmouth High School
ELL Specialists and General Classroom Teachers	024	34	ELL	Differentiation for Linguistically Diverse Students	Anne Dolan	Dennis Yarmouth High School

Targeted Audience	Workshop Number	Page Number	Content Area	Title of Workshop	Instructor	Location
Library Media Specialists PreK-12	025	35	Library Media	A Day of Hard Fun:	Dr. Lauren Zieger	Dennis Yarmouth High School
Teachers, Paraprofessionals, Support Personnel	026	37	PE/Health	Promoting Resilience & Health Outcomes for LGBTQ Students	Representative of the MA Commission on LGBTQ Youth	Dennis Yarmouth High School
All Educators and Support Staff	027	38	PE/Health	Vaping: the New Look of Nicotine Addiction	Morissa Vital	Dennis Yarmouth High School
K-12 Physical Education Teachers	028	39	PE/Health	Floor and Ice Curling	Cape Cod Curling Club & Falmouth School Educators	Mullen Hall & Falmouth Curling Club

Schedule for the Day

8:00 – 8:30	Coffee
8:30 – 11:30	AM Workshops
11:30 – 12:15	Lunch (Participants will be able to purchase lunch locally or at the facility cafeteria)
12:15 – 2:45	PM Workshops

Note: Timing of breaks will be at the discretion of the presenters

Workshop 001

It's More than Storytime: Books that Inspire Curiosity and Support Inquiry in the STEM

Half Day - Morning

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: Early Childhood Professionals

DESCRIPTION OF WORKSHOP:

Spend this session at The Hundred Acre School at Heritage Museums & Gardens exploring concepts and ideas focused on teaching through a STEM lens. The beginning of the session will be a tour of the school with a deep dive into STEM in early education. Then, we will explore the magic of literacy and STEM. Children's books can provide students with an introduction to new STEM content and vocabulary, extend or challenge current hypotheses, provide conversation starters, or inspire a new hands-on experience. I'll share one of my favorite books, a lesson planning tool and demonstrate how STEM focused experiences in multiple domains can be developed to extend and explore the STEM concepts highlighted my featured book. Then, you'll have a chance to browse our school's STEM library, choose a book and create your own STEM-focused lesson plan. You'll depart this session with ideas and a lesson plan that could be used the next day!

EXPECTED OUTCOMES:

1. STEM is not something that can be taught in isolation. We need to encourage early childhood educators to recognize the value of teaching across domains.
2. Explore the four types of picture books (storybook, narrative informational, non-narrative informational, and dual purpose) and discuss how each can enhance STEM learning in multiple centers throughout the classroom.
3. Encourage participants to shift their approach to literacy activities through a hands-on lesson planning experience

This workshop will be held at the Hundred Acre School at Heritage Museums & Gardens located at 67 Grove Street, in Sandwich, MA

INSTRUCTOR: Melissa Russell, M.Ed.

BACKGROUND OF INSTRUCTOR:

Melissa is the founding director of The Hundred Acre School at Heritage Museums & Gardens where, through her leadership, a museum gallery has been transformed into a state-of-the-art STEM-focused school that is the pinnacle of educational best practice. She is the co-author of the "Collections Curriculum: A STEM-Focused Curriculum" created as part of the Massachusetts Department of Early Education and Care 2014 Preschool Innovative STEM Curriculum Grant. In 2016, the BAEYC awarded her the Award for STEM: An educator who inspires children to explore and discover our world through the use and application of science, technology, engineering, and math and encourages children to become stewards of our

environment. Massachusetts' Governor Charlie Baker awarded her a Governor's Citation in 2016. "On behalf of the Commonwealth of Massachusetts, I am pleased to confer upon you this Governor's Citation in recognition of your strong leadership and dedication to improving the quality of early childhood education for young children in the Commonwealth of Massachusetts." Melissa was the Runner Up for Leading for Children's annual National Innovative Ideas Award in 2018. Melissa shares her expertise in early education and STEM through workshops, keynotes and at the college level:

- Keynote speaker at the New England Head Start STEM Conference, 2018 & 2019
- Keynote speaker at the Keefe-Bruyette Science and Math Symposium for Young Children in 2016
- Presenter at the National Association for the Education of Young Children conference 2015, 2016, 2017 & 2018
- Presenter at the Massachusetts STEM Summit 2014, 2016 & 2017
- Presenter at Keefe-Bruyette Science and Math Symposium for Young Children in 2016, 2017, 2018, 2019
- Part-time faculty at Bridgewater State University

Workshop 002

Orofacial Myology – The Missing Link

Half Day - Afternoon

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: Early Childhood Professionals

DESCRIPTION OF WORKSHOP:

This presentation will address topics around orofacial myofunctional disorders, which research shows impacts 38% of the general population and 81% of children exhibiting speech/articulation problems. Specifically, we will look at:

- What is an orofacial myofunctional disorder (OMD)?
- What causes an orofacial myofunctional disorder (OMD)?
- How can we work together for prevention of OMDs in our young patients?
- Critical developmental milestones
- Why does feeding matter for optimal development of the mouth & airway structures?

Participants will develop a general understanding

- Orofacial myofunctional disorders (OMDs)
- Critical milestones from birth
- Preventative measures to minimize orofacial myology problems

How airway function sets the stage for speech, feeding, craniofacial growth, dental health, and more

INSTRUCTOR: Jessica Tlumacki, MS, CCC-SLP

BACKGROUND OF INSTRUCTOR:

Jessica is a pediatric speech-language pathologist who works with children & their families both in the Nauset Integrated Preschool Program, Early Intervention, and her private practice. She has specialized training in the areas of dyslexia, social cognitive deficits, and motor speech disorders. In addition, Jessica is on track to become a Certified Orofacial Myologist. She takes a special interest in mouth development from birth, and teaching parents how to minimize and hopefully prevent orofacial myofunctional disorders.

Workshop 003

Powerful Play in the Early Childhood Environment

Half Day – Morning

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: Early Childhood Professionals

DESCRIPTION OF WORKSHOP:

Today's classrooms and educators serve socio-culturally diverse students with varied abilities and needs. During this session, participants will learn more about how to plan activities and the play-based opportunities to meet Massachusetts early learning standards. They will leave with techniques and activities that they can begin to use immediately in their classrooms to scaffold play development. Participants will gain a better understanding of ways to implement self-regulation strategies into daily classroom activities and target "hot spots" of dysregulation where scaffolding can be applied to promote more independent social and emotional student development. Inclusive classroom examples, with real student video models will be used to facilitate discussions about planning intentional play, SEL and ways to embed practices. Participants will learn how to plan the environment to match the needs of all children, how to create and use play mediators to encourage role taking and how to actively teach play scripts in a way that is developmentally appropriate and engaging to all children. This session will highlight how a literacy-rich early education classroom can encompass a multitude of opportunities to embed social and emotional learning experiences while developing a young child's love of learning through play.

EXPECTED OUTCOMES OF WORKSHOP:

Participants will learn how social and emotional practices and instruction can be embedded and aligned with current research-based instructional approaches.

Participants will observe model classroom practices and participate in intentional planning for powerful play using developmental trajectories and early learning standards.

INSTRUCTOR(S): Giordana Cote

BACKGROUND OF INSTRUCTOR:

Giordana Cote has a MA in Curriculum and Instruction and a Doctoral degree in Educational Leadership in Early Childhood Education. She is passionate about providing children a high quality, personalized education that supports their academic, physical, social, and emotional growth and is fundamentally committed to best-practices and innovation. Dr. Cote has worked as a kindergarten teacher, Reading Recovery teacher, Early Learning Coach, Behavioral Specialist, District Administrator and is currently the Director of Partnership Development for the research-based curriculum Tools of the Mind. Having completed her dissertation on Social-Emotional Learning (SEL) and the implications on instruction, she is an SEL expert who has consulted for local and regional school districts as well as the Commonwealth of Massachusetts Department of Elementary and Secondary Education.

Workshop 004

Nature is Calling

Half Day - Afternoon

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: Early Childhood Professionals

DESCRIPTION OF WORKSHOP:

Nature is calling us back. This workshop will begin with an overview of the healing and therapeutic benefits of being in nature. The highlight of this workshop will be a Mindful Outdoor Experience (MOE) or “Forest Bathing” experience. This MOE will include yoga, meditation, and a walk. Participants should dress appropriately for a walk in the forest. There will be time to develop a “Mindful Outdoor Experience” for children and/or create an information session for teachers/staff/parents.

The desired “Expected Outcomes” of this workshop will be subdivided into three specific areas:

1. Participants will receive background research to support the social, emotional, behavioral, medical, and physical benefits of getting outside in nature.
2. Participants will practice in a “Mindful Outdoor Experience” or MOE. The MOE will include yoga, breathing technique, meditative centering, and an outdoor mindful experiential walk that will include ideas to bring back to the classroom or inform parents.
3. Participants will develop a plan to share with a targeted audience such a group of children, parents, or teachers for the purpose of educating.

INSTRUCTOR: Denise Fronius

BACKGROUND OF INSTRUCTOR:

(Brief Summary of Educational & Experiential Qualifications)

My background is in early and elementary education. The first eleven years of my career was teaching children in first and third grade in Mashpee. The following seventeen years I was an elementary school principal (five years in Ayer and twelve years in Brewster). My passion has always been teaching children, teachers, staff, and aspiring educators at the college level.

As a Mindful Outdoor Guide, I am combining my love of teaching, yoga, meditation, and being in nature.

Certifications include:

Certified Yoga Instructor
Certified Meditation Instructor
Kripalu Mindful Outdoor Guide
Appalachian Mountain Club Guide
Wilderness First Aid
CPR certified

Licensures include:

Early Childhood Education

Elementary Education

Principal/Assistant Principal Education in Massachusetts

Superintendent/Assistant Superintendent in Massachusetts

Workshop 005

Creating Sensory Friendly Classroom Environments to Maximize the Successful Participation of All Students

Half Day - Morning

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: Early Childhood Educators

DESCRIPTION OF WORKSHOP:

During this interactive and experiential workshop, participants will learn about underlying factors (the “why” of behaviors seen) and strategies to support children in meeting their sensory needs, focusing their attention, and managing their arousal levels through creation of sensory friendly environments.

Classroom teachers and daycare providers will gain a stronger understanding of key factors to consider when designing classroom environments (physical and social) that maximize the successful participation of all students. They will leave ready to implement new strategies and activities to support their students’ developing self-regulation skills and identify sensory aspects of the school environment that may create barriers to successful participation.

INSTRUCTOR: Melissa Alves MS OTR/L

BACKGROUND OF INSTRUCTOR:

Melissa Alves has had the privilege of providing pediatric occupational therapy for over 20 years in diverse settings including: outpatient clinics, rehabilitation hospitals, school-based OT, Early Intervention, community and home based services. She graduated from Springfield College in 1996 with a Master of Science degree in Occupational Therapy. She has advanced training in a variety of therapeutic approaches including Collaborative Problem Solving, Floor time, and Sensory Integration. Melissa is a certified Sensory Integration therapist and Radiant Child Yoga teacher. She is the owner of Melissa Alves Pediatric Occupational Therapy and collaborating with parents and teachers, who are passionate about maximizing the joy and potential inherent in each child is her most favorite and current driving force these days.

Workshop 006

Courageous Conversations Supporting Families of Young Children with Learning Disabilities

Half Day - Morning

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: Early Childhood Educators

DESCRIPTION OF WORKSHOP:

As early education professionals, we can often be the first to talk with families about “typical” early childhood development and learning difficulties. This workshop will look at tools for developing and fostering parent partnerships when they (or we) have concerns about their child. We will also talk about what happens when a child/family is referred for an evaluation through public schools (rights, timelines, and responsibilities).

Participants will share expertise and about successes and challenges with courageous conversations with families. We will learn some techniques of active listening and will role-play mock-scenarios with families. We will reflect on the words we use when we describe concerns – maintaining clarity, yet demonstrating respect and dignity of children and families.

We will also look together at:

- Early Childhood Outcomes (developmentally appropriate expectations)
- Special Education rights/responsibilities
- Reliable websites to share with families about learning challenges and advocacy (bring along a favorite or two to share)
- Local resources for families

INSTRUCTOR: Carole A. Eichner, Dennis Yarmouth Director of Early Learning

BACKGROUND OF INSTRUCTOR:

Carole Eichner has been with the Dennis-Yarmouth Regional School District for over 25 years. She holds a Bachelors (B.S) in Psychology from UMass, Amherst, a Specialist of Education (Ed.S.) from Indiana University in School Psychology and a Masters in Ed Leadership (M.Ed.) from Fitchburg State. She holds DESE licenses in School Psychology, K-8 Principal and Director. Currently she is the DY Director of Early Learning and supports families with transitions from Early Intervention to Public School, and with the transition from Preschool to Kindergarten.

Workshop 007

Good Grief Cape Cod

Half Day - Afternoon

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: All Adults working with children

DESCRIPTION OF WORKSHOP:

Death is discomfoting; it knocks us off balance and challenges our resources. Caring school personnel want to support those who have lost someone to death, yet often feel uncertain about how to interact with children, teens, their families and even colleagues who are grieving in the school setting. We wonder: “What should I say? What should I do?” A frequent response when we are not sure what to say or do is to avoid the “elephant in the room” altogether. This workshop is designed to identify and explore the role of grief following a death. How can we confront the “elephant” and reduce the isolation grievers often feel? What are ways to create open and honest conversations about death with children and adults? What is the impact of the cause of death, such as suicide, on those left behind? What are helpful ways to support all those who are grieving.

This workshop will provide participants with the opportunity to:

- Identify death as a teachable moment and grief as a learning and growth experience
- Facilitate competent conversations about death among children and adults in schools
- Examine issues related to the type of death, including suicide, and its impact on those left behind
- Identify ways to support children based on the type of death to self-advocate to assist them in developing skills to speak openly and honestly
- Explain strategies to assist children and adults coping with death
- Identify the elements of grief that serve a useful purpose
- Describe activities to assist children coping with loss

INSTRUCTOR: Amy Wyman

BACKGROUD OF INSTRUCTOR:

Amy Wyman is the founder and director of the nonprofit Good Grief Cape Cod which offers educational workshops and support groups that better support children and families cope with the death of a loved one. She earned a MA in Expressive Art Therapies from Lesley University and a BA in Early Childhood Education and Child Life from Wheelock College. Her studies provided a variety of international experiences working with children and families in hospital, home and classroom settings. Using her certifications as a Grief Support Specialist, Child Life Specialist, Music Therapist and early childhood educator she created Good Grief Cape Cod to offer more support to help better the lives of grieving children and families where she grew up as a child.

Workshop 008

Supporting Young Children in the Face of Trauma

Half Day - Morning

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: Early Childhood Professionals

WORKSHOP DESCRIPTION:

We often see children who are acting out, hurting others, endangering themselves, or displaying “odd” behaviors that don’t seem to make sense. This training is designed to provide participants with a general knowledge of signs and symptoms that are often associated with trauma. A broad overview of the types of traumatic events that effect children are reviewed.

It is the goal that trainees walk away with a better understanding of the complex nature of trauma and the way it can affect a child’s social, emotional, and cognitive development as well as brain functioning

INSTRUCTOR: Stacey L. Gay, MS and Merrie Mackenzie, M.Ed.

BACKGROUND OF INSTRUCTOR:

Stacey Gay received her Master’s Degree in Counseling Psychology from Northeastern University in 1996. She has over 22 years of experience working therapeutically with children, families and educators in a variety of settings, including: foster care setting, clinic setting, school setting and early childhood childcare settings. She has worked with the Early Childhood Training and Consultation Program since 2011 as an Early Childhood Consultant and trainer and has been the Program Director since 2015. Stacey has specialized training in the Pyramid Model, formally the Center for Social and Emotional Foundation for Early Learning Paradigm (CSEFEL); Top of the Pyramid Strategies; Attachment, Self- Regulation, and Competency Model (ARC) for treating trauma; and Triple P Positive Parenting Solutions Program. Stacey is also a Member of the Massachusetts’ Pyramid Model State Leadership Team.

Merrie Mackenzie is an Early Childhood Consultant and Trainer with JRI’s Early Childhood Training and Consultation Program. She has her Master’s Degree in Early Childhood Education Preschool to 2nd grade. Her role in this capacity is to support and coach teachers and families in developing strategies to support a child’s development. She has been in the Early Childhood Field for over 17 years as a Program Director, Supervisor, Teacher and Early Intervention Clinician. She has involvement in community engagement through her career working with the Nurturing Families Program, Parenting in America Trainings, Community Connections, and Father’s Engagement. She has sat on the board of Worcester Community Connections as their community advisor and has been a member of the DCF board in Worcester where she was the Early Intervention Director. Merrie’s passion for Educators and Children keep her excited about each day. She enjoys finding new ways to work with children and teachers alike.

Workshop 009

De-escalating Challenging Behaviors in Young Children

Half Day - Afternoon

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: Early Childhood Professionals

WORKSHOP DESCRIPTION:

This training first reviews the basics of social/emotional development and the meaning of challenging behaviors. Self-reflection activities around handling challenging behaviors, identifying personal “hot buttons,” creating a plan for when behaviors escalate, as well as suggestions for post conversations with other children who were witness to the challenging episode are the core of this training. This training concludes with participants having an opportunity to discuss personal experiences with challenging behaviors and develop individualized strategies to best support positive outcomes.

It is the goal that trainees walk away with a better understanding of the ways they can develop individualized strategies to best support positive outcomes in their classrooms.

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BACKGROUND OF INSTRUCTORS:

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Workshop 010

Loose Parts: Let's Start Collecting!

CONTENT/SPECIALTY AREA: Early Childhood

TARGETED AUDIENCE: Early Childhood Professionals

DESCRIPTION OF WORKSHOP:

What's all the buzz about loose parts and why do I need them in my classroom?

We will work together to define loose parts, brainstorm places to get loose parts, discuss why and when you would use loose parts and look at provocations that inspire higher level thinking. We will look at ways to set up and present "loose parts" in the preschool classroom. Inspired by ideas from the schools of Reggio Emilia Italy we will look at the higher-level thinking skills, motivation, creativity and joy that loose parts can bring to your classroom.

- Together we will brainstorm a list of resources of where to find loose parts on Cape Cod.
- Working in pairs or teams, we will look at picture books that lend themselves to "loose part" provocations and come up with plans to share how to incorporate loose parts into a standards based lesson plan.
- We will have the opportunity to play and investigate loose parts gathered from our homes and gathered from "The Beautiful Stuff Project" in Somerville.
- We will look at how the Boston Public Schools and the Schools of Reggio Emilia Italy are using loose parts to create the next generation of thinkers, artists and scientists.

We will ask each participant to bring in a lunch bag filled with loose parts. We will divide into groups and sort objects inspired by Cathy Weisman Topal's book "Beautiful Stuff".

INSTRUCTOR: Sue Gubbins, M.S. Early Childhood Education PK-3 with and without Special Needs

BACKGROUND OF INSTRUCTOR:

I hold a B.S. from Boston University in Elementary Education/Special Education and M.S. from Wheelock College in Early Education Pre-k-3 w and w/o special needs (+45 graduate credits)

I fell in love with "loose parts" as an intern at Boston Children's Museum where I frequented the Recycle Shop and developed a passion for play and hands on learning. I have attended graduate classes and Workshops on the Reggio Emilia Schools and will be touring the Loris Malaguzzi Center in Reggio Emilia Italy in June of 2019. I have been an Early Education/ Special Education Teacher for the past 30 years in WA, CT, IN and most recently in the Dennis Yarmouth Regional School District for the past 23 years. I am taking a leave of absence to follow my passion and work on developing a "Beautiful Stuff/Loose Parts Project" on Cape Cod.

Workshop 011

Surface Design for Ceramics

CONTENT/SPECIALTY AREA: Art

TARGETED AUDIENCE: Art Educators K-12

DESCRIPTION OF WORKSHOP:

This workshop will provide information for art educators while working with clay. We will cover a variety of surface design techniques such as: sgraffito, mishima, decals, slip trailing, screen printing, smoke firing and many more. This is a hands-on, full day workshop.



INSTRUCTORS: Corine Adams, Ceramics Art Teacher, Falmouth High School
Craig Brodt, Ceramics Teacher, Dennis-Yarmouth High School

BACKGROUND OF INSTRUCTORS:

Corine Adams is a Secondary Art Educator for Falmouth High School. She was named Massachusetts Secondary Art Educator of the Year. Corine also is a professional potter and clay artist.

Craig Brodt is a Secondary Art Educator at Dennis-Yarmouth High School. Craig is also a professional potter and clay artist.

Workshop 012

Big Brush Oil Painting for Art Educators

CONTENT/SPECIALTY AREA: Art

TARGETED AUDIENCE: Art Teachers K-12, with beginner or intermediate painting skills

DESCRIPTION OF WORKSHOP:

Award-winning artist Joe Gallant will demonstrate and guide you through the steps of creating your own large seascape oil painting. This fun three-hour workshop is suitable for beginner or intermediate painters. Experience the fun, freedom and spontaneity of using large brushes available at hardware stores to create large landscape and seascape paintings. This just might change the way you paint and teach painting forever! The painting techniques learned here are immediately useful in teaching students, and these water-mixable oil paints are safe for school use. (Acrylic paints may be substituted but the results will be different.) Topics and terms covered will include color theory, color mixing, underpainting, building texture, working Alla wet-on-wet, and how to create an Impressionistic style. Handouts and a subject photo will be provided. Joe teaches at Cotuit Center for the Arts and Falmouth Art Center. Samples of Joe's work can be seen at www.capecodwatercolors.com



INSTRUCTOR: Joe Gallant

BACKGROUND OF INSTRUCTOR:

As an Award-Winning Professional Artist, Joe teaches at Cotuit Center for the Arts and Falmouth Art Center. Samples of Joe's work can be seen at www.capecodwatercolors.com.

MATERIALS LIST One canvas 48x24" or 40x16" preferred. Michael's and AC Moore offer weekly discount coupons.

- 4", 3" and 1" flat wall painting brushes. Buy the cheapest "Pure Bristle" brushes available on the bottom shelves in the wall painting departments at Home Depot, Lowes, or Walmart.
- 1" wide oil painting brush
- 2" long or similar palette knife
- Tray for mixing paints
- Sharpened pencil
- Small bucket or plastic bowl
- Roll of paper towels

- **WATER MIXABLE** oil paints (Winsor & Newton “Artisan” brand, 37 ml or larger)—One tube each of red, blue, yellow, green and white. Select any shade of each. Available at Michael's, AC Moore, Amazon, and online art supply websites. Acrylic paints may be substituted but the results will be different.
- Plastic trash bag or table cloth to lay the painting down in your car for the ride home

Workshop 013

Small Table Printing / Publishing for K-12 Educators

CONTENT/SPECIALTY AREA: Art

TARGETED AUDIENCE: Art Educators K-12

DESCRIPTION OF WORKSHOP:

This workshop will guide K-12 art educators through a variety of projects that will engage their students in the process of illustrating their own creative writing. Creative writing exercises based in direct observations will be paired with printmaking techniques that can be replicated at any grade level with a minimum budget and no press. Mrs. Kenny and Mrs. Baker have been collaborating for the past six years on cross-curricular projects that have produced a shared body of student works. These works have been exhibited as individual pieces, sewn into hand-bound books, presented by students in public readings as well as published and made available for purchase by parents and others in the community. Materials for this workshop will be provided, participants will leave with their own work samples, directions for a number of printmaking techniques as well as writing prompts for engaging students in direct observations of their surroundings.

INSTRUCTORS: Jane Fay Baker – Falmouth High School AP Studio Art
Lauren Kenny – Falmouth High School AP Literature

BACKGROUND OF INSTRUCTORS:

Jane Baker is the Studio Art Teacher at Falmouth High School. She has been teaching Studio Art for over 24 years and has been a working printmaker for 30 years. Jane received her BS in Fine Arts from Smith College and her MSEA from Mass College of Art and Design. Jane is on the board of the Printmakers of Cape Cod and exhibits her woodcuts in Woods Hole and Nantucket.

Lauren Kenny has been teaching Secondary English Literature for 17 years. She holds a BA from Radford University and received her MAT in English from UMass Dartmouth.

Workshop 014

Percussion Answers to Music Director Questions!

CONTENT/SPECIALTY AREA: Music

TARGETED AUDIENCE: Grades 5-12 Band & Orchestra Teachers

DESCRIPTION OF WORKSHOP:

Percussion is such a huge musical world, not only from the types of music and literature we play, the different grade levels and expectations as we progress from K-12, but holy smoke, there's SO MUCH equipment that we have to know about too!!! Not only how to play it properly, but how to maintain it as well! Think of this clinic as "All you ever wanted to know about Percussion but were afraid to ask"! Topics included will be setup, tuning and maintenance of percussion instruments. Choice of playing implements for different instruments and playing situations. Do's and Don'ts of playing technique (and your snare drummers don't need to play on the edge of the drum head when you need less volume!) and zones. Repairs. Optimum drumhead choices. Restrunging mallet instruments. Drum pad and stick choices for your beginners with small hands. And answering educators' questions! Having the full day gives us the opportunity to cover in detail those items that demand it. If your guests have specific needs and can bring in that broken snare drum from their school, let's fix it and make sure everyone there knows how to fix it correctly too! The clinic will be fluid so we can cover as much ground as possible, and in as much detail as needed.

INSTRUCTOR: John Jamison

BACKGROUND OF INSTRUCTOR:

John Jamison is beginning his tenth year as the Assistant Marching Band Director/Percussion Director at D-Y Regional High School. Before D-Y, he held the position for 14 years at Barnstable High School. During this time, he has led the only scholastic indoor percussion group on Cape Cod to three NESBA Percussion Championships, along with numerous 2nd and 3rd place finishes.

He continues to be a member of the percussion staff at Thom Hannum's Mobile Percussion Seminar and the Vic Firth Artist and Education Team. He is an educational associate at Zildjian Co. and the primary percussion instructor at Jack's Drum Shop, Hyannis. Before moving to Cape Cod, John led a professional big band in the New York Metro Area for ten years. Many of the band's personnel were former members of the Buddy Rich Band, Maynard Ferguson's Band, and Liza Minnelli's Orchestra, as well as other Broadway regulars. Their album "John Jamison Band - Big Band Masters" is available on iTunes and other downloading sites. John is an alumnus of SUNY Purchase, Berklee College of Music and the Interlochen Arts Camp.

Workshop 015

Choral Music Educator Refresher Workshop

CONTENT/SPECIALTYAREA: Music

TARGETED AUDIENCE: Grades 8-12 Choral Teachers

DESCRIPTION OF WORKSHOP:

In this day long workshop, choral music educators in grades 6-12 (middle school/high school) will have time to refresh on common practices in the areas of warm-ups, musicianship building, sight reading, connecting warm-ups to literature, performance practices and program building, and new and old repertoire. In addition to the various areas of practice to be covered, participants will be given a packet of 20 new and classic octavos for a reading session to be woven in throughout the day. This packet of music will include a variety of difficulty levels, voicing, and genre.

INSTRUCTOR: Stefanie Riley

BACKGROUND OF INSTRUCTOR:

Stephanie Riley is an 8-12 choral music educator at Dennis-Yarmouth Regional High School. Her duties include an 8/9 Chorus, 10-12 Chorus, Select Choir, AP Music Theory, and she teaches Piano and Music Technology/History of Rock and Roll. Mrs. Riley is active with the Southeastern Massachusetts Music Educators Association, currently serving as Past District Chair and is currently beginning her tenure at the state level as Assistant Conference Chair. Mrs. Riley has 15 years' experience at the high school level, and also has taught at the elementary level as well as conducting various church choirs over the past 8 years.

Workshop 016

The Journey is the Destination: Kid-tested Lessons for the Music Classroom

CONTENT/SPECIALTY AREA: Music

TARGETED AUDIENCE: K-7 General Music and Choral Teachers

DESCRIPTION OF WORKSHOP:

Orff-Schulwerk is an active, hands-on, creative approach to child-centered music making that provides an ideal opportunity for educators to celebrate their students' potential for wonder, to expand their capacity for resilience and to explore the beauty of creative awakening and the joyful musical artistry that Orff Schulwerk evokes in children. Come spend the day singing, playing, moving, creating and speaking together as we explore some of my students' favorite kid-tested lessons! Songs, games, stories, poetry, dances, and drumming foster a sense of play and community for younger children, create a sense of adventure for middle grades children and challenge and celebrate older children. Are you looking for ways to involve your children in creative music-making? Come play!!

INSTRUCTOR: Karen Medley

BACKGROUND OF INSTRUCTOR:

Karen Medley holds degrees from the Eastman School of Music and from the University of Memphis (where she completed a MM in Orff Studies and Orff Levels I – IV). She teaches at Bagnall Elementary School, Pentucket Regional School District, MA. A nationally known clinician, she has served as Regional Representative for two terms on the AOSA National Board of Trustees, as Chair for the AOSA Post Level III Committee, and as National Chairperson for four AOSA conferences. Presenter at more than twenty AOSA National Conferences, Karen has taught many workshops, in-services and teacher education courses across the United States as well as workshops in Auckland, Christchurch, Wellington, Oahu and Maui. Currently, Karen also teaches in summer teacher education programs through the University of Alaska (Anchorage) and the Eastman School of Music (Rochester, NY)

Workshop 017

Tiering Tasks and Texts to Challenge All Learners

CONTENT/SPECIALTY AREA: World Language

TARGETED AUDIENCE: World Language Teachers

DESCRIPTION OF WORKSHOP:

In this workshop, we will explore how to adapt tasks for authentic text to meet the needs of all learners across the proficiency continuum through tiering—providing scaffolding and support for struggling learners and open-ended more challenging tasks for advanced learners. We will also explore how to tier text on the same themes and how to create generic tasks that span the tiers to challenge all learners.

INSTRUCTOR: Leslie Grahm

BACKGROUND OF INSTRUCTOR:

Leslie Grahm has twenty-seven years of language teaching experience at the middle and high school levels and twelve years of experience at the central office level, most recently as Coordinator of World Languages for the Howard County Public School System in Maryland. Leslie has been a course instructor on foreign language teaching methods and differentiated instruction and frequent presenter at state, regional, and national conferences, specializing in best practices, specifically hands-on, interactive strategies. She facilitates workshops on the topics of student engagement, rigor, authentic resources, and differentiated instruction. Leslie is the co-author of *The Keys to Strategies for Language Instruction* and serves on the boards of MFLA, NECTFL, NADSFL and ACTFL.

Workshop 018

Putting Grammar in its Place for Proficiency Development

CONTENT/SPECIALTY AREA: World Language

TARGETED AUDIENCE: World Language Educators

DESCRIPTION OF WORKSHOP:

For many, the teaching of grammar is the biggest challenge in our profession's shift to teach for proficiency. Within this new paradigm, it is all about what learners can do with the language in various contexts rather than teaching to the order of the grammatical concepts as they appear in the textbook. Participants of this session will overview the research and leave with strategies and activities to put grammar in its proper place in teaching and assessment.

Objectives:

- You can describe the role of grammar in my classroom through the lens of proficiency
- You can explain the role of grammar and accuracy in performance practice and assessments
- You have several new ideas related to communicative objectives, the teaching of grammar, and the use of performance assessments to implement with my classes and to work on with my department.

INSTRUCTOR: Nicole Sherf

BACKGROUND OF INSTRUCTOR:

Nicole Sherf is Professor and Secondary Education Coordinator in the Department of World Languages and Cultures at Salem State University. She has 30 years of experience in teaching Spanish and in program coordination, first in K-12 and now to undergraduate and graduate students of Spanish and Spanish teachers in training. She is a longtime Board member of the Massachusetts Foreign Language Association (MaFLA) where she has served in a number of capacities including Conference Chair, President and Advocacy Coordinator. She is also on the Steering Committee of the Language Opportunity Coalition co-leading the Seal of Biliteracy Workgroup and Pilot. She writes articles at the state and national level and presents sessions, workshops and professional development on a variety of topics related to foreign language teaching, assessment and programming at the district, state, regional and national level. She has an undergraduate degree from Boston College and two Masters and a Doctorate in Modern Languages from Middlebury College.

Workshop 019

Adverse Childhood Experience and the Effects on Long Term Mental and Physical Health

CONTENT/SPECIALTY AREA: School Counseling

TARGETED AUDIENCE: K-12 Counselors, School Nurses, Intervention Specialists, Social Workers

DESCRIPTION OF WORKSHOP:

I use the work from The Trauma and Learning Policy Institute (TLPI) from Harvard Law and specifically their book “Helping Traumatized Children Learn” How to respond and support children and families affected by the opioid epidemic. Also, weaving in what a trauma sensitive school could look like.

INSTRUCTOR: Edward Jacoubs

BACKGROUND OF INSTRUCTOR:

Edward Jacoubs is the Director of Grants and Special Projects for the Plymouth County District Attorney’s Office. He brings experience designing and implementing programs for off-track youth. Ed helps facilitate change for high-risk youth through his deep connections to local organizations that can provide resources and supports to students and families.

Workshop 020

Fostering Self-Resilience in Ourselves: A Discussion on the Effects of Vicarious Trauma and Compassion Fatigue on Staff's Personal and Work Lives and Strategies for Mitigating those Effects

Half Day - Morning

CONTENT/SPECIALTY AREA: School Counseling

TARGETED AUDIENCE: K-12 Counselors, School Nurses, Intervention Specialists, Social Workers

DESCRIPTION OF WORKSHOP:

A half day presentation on the symptoms of secondary trauma and facilitate a discussion about self-care. Recognizing symptoms, when to ask for help, and when to ask for support. Recognizing healthy ways to care for yourself after experiencing secondary trauma. A group discussion around the guilt our field experiences when we ask for help/support.

INSTRUCTOR: Deb Berglin, LICSW

BACKGROUND OF INSTRUCTOR:

Deb Berglin has been a behavioral health clinician for over 25 years. Specializing in trauma, she has treated clients across the lifespan. Prior to going into private practice, she was the Clinical Director at MSPCC in Hyannis for 10 years and has consulted with many agencies, including DCF, Cape Cod Child Development, Latham Centers, and numerous schools in the area during her career. She has also been the Director of the Cape Cod Campus for Boston University School of Social Work for the last 9 years, placing graduate students in agencies and schools across the Cape and coordinating Cape-wide trainings on behavioral health and diversity issues.

Workshop 021

Suicide Prevention: Gatekeeper Training for School Personnel

Half Day - Afternoon

CONTENT/SPECIALTY AREA: School Counseling

TARGETED AUDIENCE: K-12 Counselors, School Nurses, Intervention Specialists, Social Workers, Teachers, Para-Professionals

DESCRIPTION OF WORKSHOP:

This training is designed to increase knowledge about suicide and crisis issues in youth, including warning signs and risk and protective factors; improve the skills and confidence of teachers and other school staff to ask youth directly about suicide; understand effective school protocols for managing youth at risk; familiarize school personnel with ways to reduce stigma and improve school climate; and teach them how to find “best practices” resources for suicide prevention. The training is based on current best practices and reflects the training objectives in the 2012 National Strategy for Suicide Prevention. *This training is designed to meet the criteria of the recently passed Massachusetts Law Chapter 284, a bill to Reduce Gun Violence, which requires all licensed school personnel receive a minimum of two hours training on suicide prevention every three years.*

INSTRUCTOR: Joanna Bridger, LICSW, Clinical Director at Riverside Trauma Center.

BACKGROUND OF INSTRUCTOR:

Joanna is the Clinical Director for Riverside Trauma Center where she responds to community disasters and provides training on trauma, resilience, trauma-informed care, and suicide prevention and postvention. She has worked with youth, families, adults, and communities that have experienced traumas in a wide range of settings in the U.S. and abroad for more than 20 years. Joanna has an MSW from the University of Michigan with a concentration in Health, and a Certificate in Traumatic Stress Studies from the Trauma Center at JRI. She has training in a range of trauma and loss specific therapeutic modalities.

Workshop 022

Mental Health First Aid

CONTENT/SPECIALTY AREA: School Counseling

TARGETED AUDIENCE: K-12 Counselors, School Nurses, Intervention Specialists, Social Workers, Teachers, Para-Professionals

DESCRIPTION OF WORKSHOP:

This session introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact and overviews appropriate supports. This 8-hour course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect people to the appropriate professional, peer, social and self-help care. The program also teaches common risk factors and warning signs of specific illnesses like anxiety, depression, substance use, bipolar disorder, eating disorders and schizophrenia.

INSTRUCTOR: Sergeant Kevin A. Marshall

BACKGROUND OF INSTRUCTOR:

Sargent Kevin Marshall from the Nantucket Police Depart is also co-chair of the Cape and Islands Coalition for Suicide Prevention and the Nantucket Behavioral Health Task Force. He is the island's elder-affairs officer and helped start a middle-school, youth-leadership program where students provide peer education. He has trained more than 400 people across the Cape and Islands in QPR (Question, Persuade, Refer) suicide-prevention training.

Workshop 023

Periods and Wet Dreams: Teaching Puberty in Elementary and Middle School

CONTENT/SPECIALITY AREA: Health, Counseling, Nursing

TARGETED AUDIENCE: Elementary and Middle School Educators

DESCRIPTION OF WORKSHOP:

Puberty: a time of great (and sometimes daunting) change for both young people and the adults in their lives. This interactive, full-day training will provide educators and school nurses with skills and strategies for teaching pubescent youth about their changing bodies, emotional growth, and navigating the path to adulthood in a way that is inclusive of all students. Through a social emotional learning lens, participants will have an opportunity to engage in lessons and activities that will build their own skills to teach anatomy, menstruation, hygiene, cultivating empathy, and more.

INSTRUCTOR: Nancy Olin

BACKGROUND OF INSTRUCTOR:

Nancy Olin is the Senior Professional Trainer at Planned Parenthood League of Massachusetts. In that position she leads professional trainings preparing adult learners in the area of sexuality education. Over the past three decades, Nancy has been an educator and trainer for a wide variety of populations including youth, college students, parents, and professionals around sexual health. She holds a BA from Hampshire College and a Master's in Education from Harvard University.

Workshop 024

Differentiation for Linguistically Diverse Students

CONTENT/SPECIALITY AREA: ELL

TARGETED AUDIENCE: ELL Specialists and general classroom teachers, who share responsibility for English Language Learners. No experience in using the WIDA Standards Framework is needed for this workshop.

DESCRIPTION OF WORKSHOP:

English language learners need instruction that is differentiated to meet the needs unique to learning an additional language and grade appropriate content. Participants will approach the idea of differentiation of language from an asset-based perspective, recognizing that language learners bring many contributions to the school community. Participants will collaborate to customize instruction for ELLs utilizing the WIDA ELD framework. While planning, participants will have time to reflect on how to create productive struggle in a safe learning environment.

INSTRUCTOR: Anne Dolan, WIDA Licensed Facilitator, MEd Bilingual Education.
Licensed ESL, SPED, Elementary, Secondary Education

BACKGROUND OF INSTRUCTOR:

After her tenure as ESL, Bilingual Special Education teacher, Title VII Administrator and ESL Specialist for the Boston Public Schools, Anne Dolan joined the clinical faculty of Boston College. Her role included teaching and supervising pre-service teachers focused on obtaining an ESL teaching license. Anne has also been adjunct faculty at UMass, Cambridge College and Fitchburg State University with the focus on ESL/SEI. In addition to offering courses through local universities, Anne has collaborated on the MA Dept. of Education's initiative to provide SEI endorsement for teachers and administrators. Through these courses, Anne draws on her experience and expertise supporting teachers and leaders with their roles in instruction, curriculum, assessment and leadership related to ELLs. On the district level, Anne consults, designs and implements professional development initiatives that are tailored to district needs and supports a range of educator collaboration groups in Massachusetts.

Currently Anne is proud to be a *WIDA Licensed Trainer* working through WCEPS to provide high quality Professional Learning

Workshop 025

A Day of Hard Fun: Active Learning with Educational Technology for School Library Media Specialists

CONTENT/SPECIALTY AREA: Library Media

TARGETED AUDIENCE: School Library Media Specialists PreK-12

DESCRIPTION OF WORKSHOP:

It's time to engage! This highly interactive professional development workshop will showcase how School Library Media Specialists can use educational technology to promote active learning and collaboration and increase productivity. This professional development workshop is based on the new AASL standards' shared foundations: Inquire, Include, Collaborate, Curate, Explore and Engage.

Morning Session

Part 1: Tech Tips for Media Specialists: Free, Easy and Useful Online Tools Looking for ways to refresh or update your curriculum in alignment with the new AASL standards? Maybe you're just curious how technology tools can enhance your teaching and your students' engagement? This hands-on workshop will focus on user-friendly tools that enable the creation of student projects. All of the tools are free and available online. They are easy to understand and use, and they can make your learning environment more exciting, interactive and student-centered! BYOD!

Part 2: Create, Innovate, and Re-imagine Education with Robotics Learn how robotics keeps students engaged and better their learning outcomes. This session will provide an overview of robotics and their relevance in the curriculum. You will be introduced to the various robots that are available in schools for students of all ages and abilities. Multiple varieties of robots will be demonstrated including sphero, ozobots, Anki and Nao humanoid robots. The session will culminate with participants writing a robot story.

Afternoon Session

Part 3: Gamify the Library: Digital Game-Based Learning & Information Literacy Get ready to compete! In this workshop, Dr. Zieger will share her experiences using gaming technology and virtual world platforms to augment education. She will identify what motivates people to play video games, and the extent to which games are perceived as facilitating learning and information literacy. Participants in this program will explore the role of games for teaching and learning and discover best practices for current and future design and implementation. An array of free digital games that are playable through Web browsers will be played.

Part 4: Your Digital Footprint Your digital footprint is everything on the internet that is about you. This can include a profile on social media that you, your friends, or family have posted online as well as anything you have written or that has been written about you, for example on posts, discussion boards, reviews, blogs, or in articles. What digital footprints are you leaving? This presentation will explore how School Zieger 2 Library Media Specialists can protect their online identity and offer ways their students can create an active digital footprint to create a positive online image or brand.

Part 5: Breakthrough Educational Technologies of 2019 - What are the big tech trends of 2019 and how are they impacting Education 4.0? Learn how this paradigm shift is causing a new generation of educational practices. What may disappear from classrooms in 10 years and how are we innovating pedagogies to impact student success? How are new technologies shaping our institutional development, curriculum refresh and student learning journeys?

Expected Outcomes: This professional development workshop:

- Is content focused,
- Incorporates active learning utilizing learning theory,
- Supports collaboration,
- Uses models and modeling of effective practice,
- Provides hands-on coaching and expert support, and
- Offers opportunities for feedback and reflection. Participants in this full-day program will be able to present at least three specific and practical ways in which they might be able in the next school year to apply one or more of the educational technologies we have studied together.

INSTRUCTOR: Dr. Laura Zieger Chairperson and Professor, Educational Technology New Jersey City University

BACKGROUND OF INSTRUCTOR:

Dr. Laura Zieger has been a pioneer educational technology specialist for over 25 years. She is currently a professor and the chairperson of the Department of Educational Technology and School Library Media at New Jersey City University. Working closely with classroom teachers, administrators, and school library media specialists, Dr. Zieger focuses on developing, implementing, and studying technologies to scaffold learning, increase motivation and integrate meaningful educational technology to enhance learning experiences. She co-authored two books, most recently *Drones in Education: Let Your Students' Imagination*. As a result of her work with drones, Dr. Zieger was featured in 2017 in *The Atlantic* and on the *Women and Drones* website. Her expertise in the field is showcased at numerous conferences, workshops and journals around the country.

Workshop 026

Promoting Resilience and Health Outcomes for LGBTQ Students

Half Day - Morning

CONTENT/SPECIALTY AREA: PE/Health

TARGETED AUDIENCE: Teachers, Para-Professionals, Support Personnel

DESCRIPTION OF WORKSHOP:

An Act Relative to Gender Identity, which became effective in 2012, protects students from discrimination based on gender identity, as well as sexual orientation. This session will review the laws, policies, resources, and best practices for supporting lesbian, gay, bisexual, transgender, queer and questioning student. By the end of this workshop, participants will:

- have a baseline understanding of content related to biological sex, gender
- identity, gender expression and sexual orientation
- Be able to articulate and use correct LGBTQ terms and definitions
- Understand the experiences of LGBTQ students and families
- Have reviewed ESE policy guidance as it relates to students, families and staff
- Be aware of the factors that promote resilience and positive outcomes for LGBTQ Students Will have a plan to use the content learned

INSTRUCTOR: Jeff Perrotti, Consultant with the Safe Schools Program and the Massachusetts' Commission on LGBTQ Youth

BACKGROUND OF INSTRUCTOR:

Jeff Perrotti is a consultant with the Safe Schools Program for LGBTQ Students and provides training and technical assistance to school districts across the Commonwealth. The Safe Schools Program for LGBTQ Students is a joint program of the Massachusetts Commission on LGBTQ Youth and the Massachusetts Department of Elementary and Secondary Education (DESE). It was founded in 1993 to address concerns of bullying and suicide risk that faced LGBTQ youth in Massachusetts public schools. Today, the Safe Schools Program remains an important part of implementing the state's anti-bullying law and protecting the health and safety of students.

Workshop 027

Vaping: The New Look of Nicotine Addiction

Half Day - Afternoon

CONTENT/SPECIALTY AREA: PE/Health

TARGETED AUDIENCE: All Educators and Support Personnel

DESCRIPTION OF WORKSHOP:

The New Look of Nicotine Addiction presentation is geared toward parents, teachers, or other adults who work with youth. In this presentation, we will discuss the youth, use rates of e-cigarettes and vaping products, outline the tobacco industry tactics used to target youth with these addictive products, and share resources for both adults and youth. We will discuss what vaping products look like, how they work, and the dangers of vaping.

Following the presentation, participant will be discussing lesson planning, implementation, and action planning for their schools and/or programs. Participants will leave with actionable steps, tools and resources to bring back to their school/district.

INSTRUCTOR(S): Morissa Vital

BACKGROUND OF INSTRUCTOR(S):

Workshop 028

Floor and Ice Curling

CONTENT/SPECIALTY AREA: PE/Health

TARGETED AUDIENCE: K-12 Physical Education Teachers

DESCRIPTION OF WORKSHOP:

This full day session will offer information, lessons, resources to implement floor (or gym) curling into your physical education program. After experiencing floor curling, participants will get the opportunity to experience ice curling. Members from the Cape Cod Curling Club will walk participants through the intricacies of ice curling and try it firsthand. This is a fantastic way to learn about the sport and access tools necessary to incorporate lessons into your program.

INSTRUCTOR(S): Cape Cod Curling Club and Falmouth Public School Educators

This workshop will be held in Falmouth. The morning session will be located at the Mullen-Hall School gymnasium at 130 Katherine Lee Bates Road and the afternoon session on the ice at the Falmouth Curling Club facility at 37 Highland Drive.