



## PERSPECTIVES WORK-LIFE PROGRAM

A Selection of "Wrap-around" Work-Life Services Serving EAPs Nationwide.

CHILDCARE	ELDERCARE	CONVENIENCE SERVICES	LEGAL
<p>Childcare Consultation &amp; Referrals:</p> <ul style="list-style-type: none"> <li>• Before/After School Care</li> <li>• Childcare Centers</li> <li>• Family Day Care</li> <li>• Nannies &amp; In-home Care</li> <li>• Summer Camps</li> </ul> <p>Information &amp; Support:</p> <ul style="list-style-type: none"> <li>• Adolescence &amp; Child Development</li> <li>• Adoption</li> <li>• New Parents</li> <li>• Pregnancy</li> <li>• Special Needs</li> </ul>	<p>Consultation &amp; Referrals:</p> <ul style="list-style-type: none"> <li>• Assisted Living Facilities</li> <li>• Caregiver Support</li> <li>• Community Services</li> <li>• Home Health Care</li> <li>• Hospice Providers</li> <li>• Nursing Homes</li> <li>• Respite Care Providers</li> <li>• Transportation Services</li> </ul>	<p>Information &amp; Referrals:</p> <ul style="list-style-type: none"> <li>• Community Education Classes</li> <li>• Fitness Programs &amp; Trainers</li> <li>• Home Cleaning</li> <li>• Home Repair Services</li> <li>• Moving Services</li> <li>• Organizer Services</li> <li>• Pet Care</li> <li>• Relocation Information</li> <li>• Yoga Classes</li> </ul>	<p>Consultation &amp; Referrals:</p> <ul style="list-style-type: none"> <li>• Bankruptcy</li> <li>• Child Custody &amp; Support</li> <li>• Consumer Issues</li> <li>• Elder Law</li> <li>• Estate Planning</li> <li>• Immigration</li> <li>• Landlord Tenant Disputes</li> <li>• Real Estate Concerns</li> <li>• Restraining Orders</li> <li>• Separation &amp; Divorce</li> <li>• Wills &amp; Trusts</li> </ul>
NUTRITION	HEALTH	WORK	FINANCIAL
<p>Resources &amp; Referrals:</p> <ul style="list-style-type: none"> <li>• Child Friendly Meals</li> <li>• Diabetes</li> <li>• Food Allergies</li> <li>• Gastrointestinal Problems</li> <li>• Healthy Eating</li> <li>• High Blood Pressure</li> <li>• High Cholesterol</li> <li>• Lactation</li> <li>• Weight Management</li> </ul>	<p>Resources &amp; Referrals:</p> <ul style="list-style-type: none"> <li>• Complementary Medical Providers</li> <li>• Health Coaches</li> <li>• Health Spas</li> <li>• Meditation Programs</li> <li>• Mindfulness Programs</li> <li>• Sleep Programs</li> <li>• Smoking Cessation Programs</li> <li>• Support Groups for Chronic Illness</li> <li>• Twelve Step Programs</li> </ul>	<p>Resources &amp; Referrals:</p> <ul style="list-style-type: none"> <li>• Career Exploration</li> <li>• Interest Testing</li> <li>• Job Performance Concerns</li> <li>• Job Search Strategies</li> <li>• Resume Review</li> <li>• Volunteer Work</li> </ul>	<p>Consultation &amp; Referrals:</p> <ul style="list-style-type: none"> <li>• Budgeting</li> <li>• Credit Problems</li> <li>• Debt Management</li> <li>• Financial Wellbeing</li> <li>• Financial Aid</li> <li>• Homebuying Information</li> <li>• Insurance Planning</li> <li>• Retirement Planning</li> <li>• Tax Resources</li> </ul>